

Doylestown Dental Solutions P.C.

FAMILY, COSMETIC AND IMPLANT DENTISTRY

Mathew P. Cherian D.M.D.

Laurence H. Stone D.D.S.

For the smiles of your life

POST OPERATIVE INSTRUCTIONS

- No spitting, rinsing, drinking through a straw, sucking on mints/candy etc, for the first 24 hours
- Smoking inhibits healing and can affect the final results of treatment. Please refrain from smoking as much as possible!
- Apply an ice bag or cold compress to the outside of your face over the operated area. Keep the face cool, not frozen, through the first 24 hours. This will keep the swelling and discoloration to a minimum.
- Eat soft foods and avoid all chewing on the surgical site until you return to the office for the first post-operative visit, or otherwise instructed. Do not drink hot beverages or attempt to eat anything until the anesthesia has worn off.
- After 24 hours you may rinse gently with warm salt water or any mouth rinse of your choice.
- Follow your normal homecare program in all areas except those involved in surgery.
- Take medications recommended or prescribed.
- Call the office should you have any questions or concerns.

In the event of an emergency, please call:

Dr. Cherian: 267-324-6388

Dr. Delie: 412-760-8070

311 Hyde Park Doylestown, PA 18902

Phone: 215-230-7667 **Fax:** 215-230-9210 **Email:** info@dds-pc.com